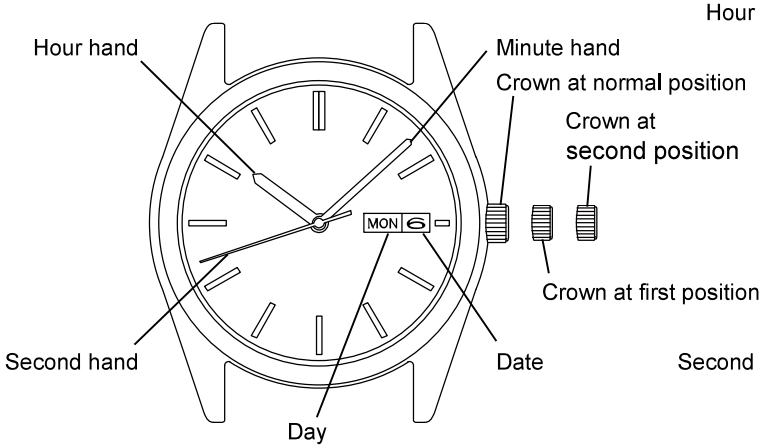
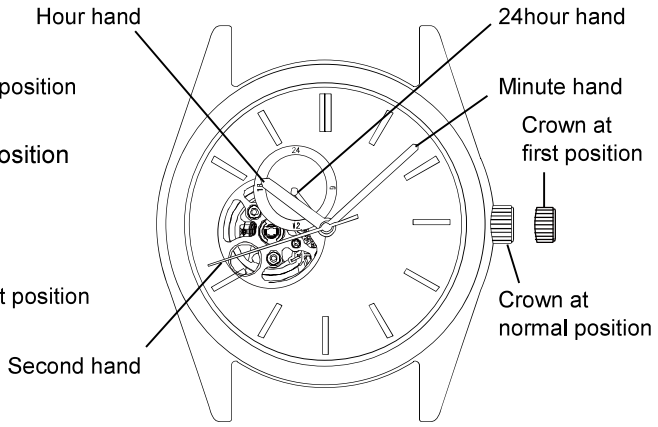
NH35A/36A/37A



NH38A/39A



Time indication	NH35	NH36	NH37	NH38	NH39
3Hands (Hour, Minute, Second)	O	O	O	O	O
Date calendar	O	O	O	-	-
Day calendar	-	O	-	-	-
24hour indicator	-	-	O	-	O

1.How to set the time

1) Pull out the crown to the second click position. (Cal.NH35A/36A/37A)
   Pull out the crown to the first click position. (Cal.NH38A/39A)
2) Turn the crown to set hour and minute hands.
   (Check that AM / PM is set correctly.)
3) Push the crown back into the normal position.

2.How to set the Date (Cal.NH35A/36A/37A)

1) Pull out the crown to the first click position.
2) Turn the crown to left for date setting.
3) Turn the crown to right for day setting. (Cal.NH36A only)
   *Do not set the date between 9:00 P.M. and 4:00 A.M. as this will cause a malfunction.
3) Push the crown back into the normal position.

3.To wind up the mainspring

a) Manual winding (Rotate the crown clockwise at normal position)
   Fully wound up by turning the crown minimum 55 times. It will start to move naturally after shaking slightly.

b) To wind up with winding machine.
   Full wind up conditions (Reference information)
   - Rotary speed : 30 rpm
   - Operating time : 60 minutes