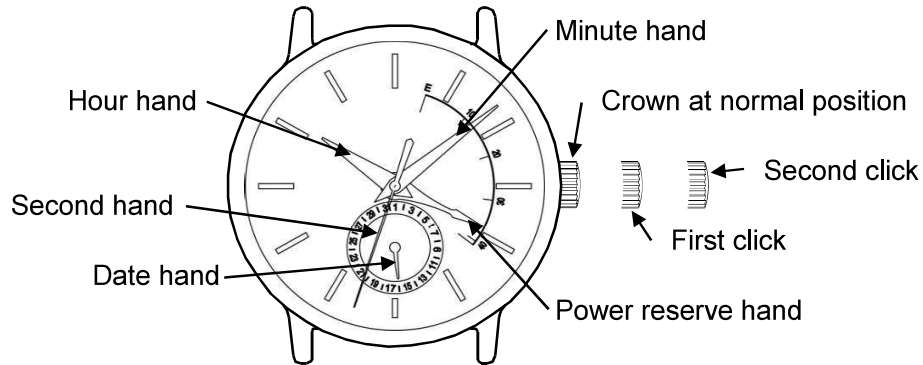


[Operation manual]



1.How to set the time

- 1) Pull out the crown to the second click position.
- 2) Turn the crown to set hour and minute hands.
(Check that AM/PM is set correctly)
- 3) Push the crown back into the normal position.
*When time setting is performed in counterclockwise, date hands reverses.
Please reset by date correction.

2.How to set the Date hands

- 1) Pull out the crown to the first click position.
- 2) Turn the crown to left for date setting.
* Do not set the calendar between 9:00 P.M. and 2:00 A.M. If the setting of the calendar is made during this period, the date will not change to the next date.
Please set the calendar after changing the time other than the above period.
- 3) Push the crown back into the normal position.

3.To wind up the mainspring

- a) Manual winding (Rotate the crown clockwise at normal position)
Fully wound up by turning the crown minimum 55 times. It will start to move naturally after shaking slightly.
- b) To wind up with winding machine.
Full wind up conditions (Reference information)
 - Rotary speed : 30 rpm
 - Operating time : 60 minutes